

rank	Club	Long		Super Long				TOTAL
		Three Shires	Langdale	Ennerdale	Duddon	Wasdale	Borrowdale	
1	Dark Peak	94.8	86.6	97.6	75.9	77.3	94.7	287.1
2	Borrowdale	89.4	86.3	90.1	86.3	71.8	89.8	269.3
3	Ambleside	91.8	97.2	85.4	61.4		85.9	268.5
4	Bowland	87.4	89.1	73.1	83.2	73.1	65.9	245.4
5	Ellenborough	81.4	80.7			81.4	82	244.8
6	Eden Runners	61.5	70.8		78.2	80.8	64.1	229.7
7	Pennine	83.6	60.7	61.6	73	66.2	62.5	222.8
8	Horwich RMI	86.1	73.3			60.7	73.2	219.9
9	Keswick	77	70.8	68.4			66.3	211.8
10	Clayton-le-Moors	78.6	82.2	64.9	58.7	61	64.3	211.4
11	Ilkley	76.2	62.9	41.5	38.4	45.5	50.2	171.9
12	Newburgh Nomads	63.2	53.2	53.6		49.4		166.1
13	Kendal	71.1	63.5		53.9		40.5	165.5
14	Saddleworth		67.5		50.3		34	151.7
15	CFR	67.8	58.8			36.6	44	148.4
16	Helm Hill	62.8		52.8			32.2	147.7
17	Esk Valley	44.6		49.2		46.8		140.6