

<u>Name</u>	<u>Pos</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>W points</u>
Finlay Wild	1	Lochaber Athletic Club	M40	2:06:48	100.00	
Harry Cooling	2	Howgill Harriers	MSEN	2:11:40	96.16	
Huw Davies	3	Mercia Fell Runners	MSEN	2:11:42	96.14	
Tom Simpson	4	Ambleside AC	MSEN	2:12:26	95.56	
Finlay Grant	5	Dark Peak Fell Runners	MU23	2:13:10	94.98	
Matthew Atkinson	6	Keswick AC	MSEN	2:16:32	92.32	
Joe Oldfield	7	Matlock Athletic Club	MSEN	2:16:38	92.25	
Philip Rutter	8	Helm Hill Runners	MSEN	2:16:43	92.18	
Felix Wilson	9	Carnethy Hill Racing Club	MSEN	2:18:31	90.76	
Oliver Perratt	10	Mercia Fell Runners	MSEN	2:22:04	87.96	
Mike Barron	11	Ambleside AC	MSEN	2:22:52	87.33	
Joe Woodley	12	Dark Peak Fell Runners	MSEN	2:23:25	86.90	
Bobby Gard-Storry	13	Eden Runners	MSEN	2:24:56	85.70	
Linton Taylor	14	Leeds City AC	MSEN	2:25:19	85.40	
David Lewis	15	Dark Peak Fell Runners	MSEN	2:32:02	80.10	
James Espie	16	Deeside Runners	MSEN	2:32:20	79.86	
Matt Brindle	17	Ambleside AC	M40	2:33:01	79.32	
Harry Bolton	18	Keswick AC	MSEN	2:33:54	78.63	
Kieran Hodgson	19	Helm Hill Runners	M40	2:34:07	78.46	
Patrick Brennan	20	Rosendale Harriers & AC	M40	2:34:41	78.01	
Jose Concha	21	Helm Hill Runners	MSEN	2:35:11	77.62	
Zach Jennings	22	Settle Harriers	MSEN	2:36:21	76.70	
Matthew Holroyd	23	Settle Harriers	MU23	2:36:31	76.56	
William Silvie	24	Black Combe Runners	MSEN	2:36:47	76.35	
Nichola Jackson	25	Keswick AC	WSEN	2:36:52	76.29	100.00
James Harris	26	Ambleside AC	MSEN	2:38:20	75.13	
Andrew Armin	27	Saltwell Harriers	MSEN	2:40:23	73.51	
Mark Burley	28	Macclesfield Harriers & AC	MSEN	2:40:27	73.46	
Phil Archer	29	Cumberland Fell Runners	MSEN	2:41:15	72.83	
Kenny Richmond	30	Helm Hill Runners	M50	2:41:19	72.78	
Nathaniel Winfield	31	Pennine Fell Runners	M40	2:44:10	70.53	
Bryony Halcrow	32	Ambleside AC	WSEN	2:44:17	70.44	95.27
Seth Kennard	33	Lonsdale Fell Runners	MSEN	2:45:23	69.57	
Max Wainwright	34	Matlock Athletic Club	MSEN	2:45:38	69.37	
Paul Neild	35	Bowland Fell Runners	M50	2:45:51	69.20	
David Williams	36	Ellenborough AC	M40	2:46:06	69.01	
Alex Ing-Simmons	37	Keswick AC	MSEN	2:46:30	68.69	
Joseph Pickard	38	Macclesfield Harriers & AC	MSEN	2:46:33	68.65	
Jack Gribbin	39	Ilkley Harriers AC	MSEN	2:47:00	68.30	
Allen Bunyan	40	Macclesfield Harriers & AC	MSEN	2:47:42	67.74	
Chris Webb	41	Glossopdale Harriers	M40	2:48:00	67.51	
Charlie Rennie	42	Keswick AC	MU23	2:48:14	67.32	
Andy Laycock	43	Clayton-le-Moors Harriers	MSEN	2:49:05	66.65	
Jonathan Cox	44	Eden Runners	MSEN	2:50:04	65.88	
Nicholas Barber	45	Helm Hill Runners	MSEN	2:50:11	65.79	
Chris Worth	46	Saddleworth Runners Club	MSEN	2:51:47	64.52	
Doug Love	47	Bowland Fell Runners	M40	2:51:49	64.50	
Phil Mather	48	Lonsdale Fell Runners	M40	2:52:12	64.20	
Donald Waters	49	Westerlands Cross Country Club	MSEN	2:52:39	63.84	
Iain Ward	50		MSEN	2:52:55	63.63	
Nicholas Hopley	51		MSEN	2:52:58	63.59	
Craig Tweedie	52		M40	2:53:03	63.53	
Kelli Roberts	53	Helm Hill Runners	WSEN	2:53:30	63.17	89.40
Tim Grimwood	54	Swaledale Runners	M40	2:54:13	62.61	
Mingma Tshering Sherpa	55	Keswick AC	M40	2:54:21	62.50	
Tim Culshaw	56	Saddleworth Runners Club	MSEN	2:55:36	61.51	
James Haworth	57	Keswick AC	M50	2:55:43	61.42	
Matthew Harmon	58	Dark Peak Fell Runners	MSEN	2:55:49	61.34	

Joey Umpleby	59	Kendal Amateur Athletic Club	MSEN	2:55:54	61.28	
Ian Barnes	60	Ambleside AC	M40	2:56:07	61.11	
Joe Rigby	61		M40	2:56:25	60.87	
Tom Lynch	62	Otley AC	M40	2:56:30	60.80	
Mark Smith	63	Achille Ratti Climbing Club	M40	2:57:21	60.13	
Simon Mounsey	64	Howgill Harriers	M50	2:57:23	60.11	
Alec Burns	65	Glossopdale Harriers	MSEN	2:57:30	60.02	
Henry Ruddell	66	Pudsey & Bramley AC	MSEN	2:57:37	59.92	
Oliver Shaw	67	Loftus & Whitby AC	MSEN	2:57:46	59.81	
Robert Green	68	Achille Ratti Climbing Club	MSEN	2:59:21	58.56	
Mark Whittaker	69	Clayton-le-Moors Harriers	M50	2:59:29	58.45	
Stephen Pearce	70	Eden Runners	M40	3:00:13	57.87	
Jonathan Fletcher	71		MSEN	3:00:16	57.83	
Joel Gomes	72	Mercia Fell Runners	M40	3:00:36	57.57	
Ben Grayson	73	Eden Runners	MSEN	3:01:06	57.18	
Philip Hall	74	Carnethy Hill Racing Club	M40	3:02:02	56.44	
Paul Reilly	75	Helm Hill Runners	M40	3:03:02	55.65	
Ben Simmonds	76		MSEN	3:04:29	54.51	
Ross Litherland	77		M40	3:05:08	54.00	
Mark Davy	78		MSEN	3:05:29	53.72	
Steve Price	79		MSEN	3:05:31	53.69	
Steve Angus	80	Keswick AC	M50	3:05:51	53.43	
Liam Major	81	St Helens Sutton AC	MSEN	3:05:54	53.39	
Neil McKenzie	82	Ambleside AC	M50	3:05:56	53.36	
Muir Morton	83	Pennine Fell Runners	M50	3:06:01	53.30	
Rowen Pymm	84	Saddleworth Runners Club	WSEN	3:06:03	53.27	81.40
John Murfin	85	Settle Harriers	M50	3:06:20	53.05	
Colin Doig	86	Hunters Bog Trotters	M40	3:06:23	53.01	
Katie Mckay	87	Ambleside AC	WSEN	3:06:42	52.76	80.98
Sam Sharples	88	Bowland Fell Runners	MSEN	3:07:06	52.44	
Maxwell Cole	89	Rosendale Harriers & AC	M50	3:07:14	52.34	
Christopher Balderson	90	Bowland Fell Runners	M60	3:07:26	52.18	
Lochlan Dulson	91	Summit Ultra	MSEN	3:07:29	52.14	
Mark Brightwell	92	Ambleside AC	M40	3:07:34	52.08	
Michael Williams	93	Keswick AC	M50	3:09:20	50.68	
Charley Oldrid	94	Northern Fells Running Club	M40	3:09:55	50.22	
Dave Ward	95	Pennine Fell Runners	M40	3:10:06	50.08	
Tom Pape	96	Dark Peak Fell Runners	M40	3:10:15	49.96	
Sean Prendiville	97		M40	3:10:25	49.83	
Calvin Routledge	98	Ambleside AC	M50	3:10:36	49.68	
Gavin Lamb	99	Ilkley Harriers AC	M40	3:12:42	48.03	
Roland Kelly	100	Dallam Running Club	M50	3:13:00	47.79	
Zak Buttle	101		MSEN	3:13:40	47.27	
Dan Porter	102		MSEN	3:15:13	46.04	
Steve Rhodes	103	Northern Fells Running Club	M60	3:15:36	45.74	
Lauren Munro-Bennett	104	Ambleside AC	WSEN	3:15:56	45.48	75.10
Jack Blundy	105		MSEN	3:16:22	45.14	
Martin Hancock	106		M50	3:16:55	44.70	
Joe Brown	107	Billinge Running Club	MSEN	3:17:03	44.60	
Bianca Dyer	108	Helm Hill Runners	W50	3:18:45	43.26	73.30
Jamie Rennie	109	Keswick AC	M50	3:18:47	43.23	
Craig Stansfield	110	Rosendale Harriers & AC	M50	3:19:07	42.97	
Chris Walsh	111	Hunters Bog Trotters	M40	3:19:22	42.77	
Adam Hill	112		M40	3:19:37	42.57	
James Freeman	113		M40	3:20:36	41.80	
Coral Mowbray	114	Summit Ultra	WSEN	3:20:44	41.69	72.04
Sarah Sigsworth	115	Ambleside AC	WSEN	3:20:54	41.56	71.93
Tim Slater	116	Eden Runners	MSEN	3:22:02	40.67	
Maxime Ansell	117		MSEN	3:22:27	40.34	

Andrew Sutton	118	Macclesfield Harriers & AC	M40	3:23:09	39.79	
Mike Tyrie	119	Delamere Spartans	M50	3:23:34	39.46	
Matthew Jones	120	Scarborough Athletic Club	M40	3:23:44	39.33	
John Skelton	121	Cumberland Fell Runners	M50	3:23:52	39.22	
Tom Styles	122		M40	3:24:36	38.64	
Charlie Parkinson	123	Rossendale Harriers & AC	MU23	3:24:50	38.46	
Jules Coleman	124	Lonsdale Fell Runners	M60	3:24:59	38.34	
Scott Hutchinson	125	Marsden Racers	M50	3:25:05	38.26	
Andrew Cox	126	Helm Hill Runners	M50	3:25:08	38.22	
Crispin Halsall	127	Bowland Fell Runners	M50	3:25:10	38.20	
Tom Cubbon	128		M50	3:25:14	38.14	
Stuart Mc Aleavy	129	Wharfedale Harriers	M50	3:25:26	37.99	
John Hunt	130	Dark Peak Fell Runners	M50	3:26:01	37.53	
Ben Faulks	131	Heptonstall Hurriers	M40	3:26:13	37.37	
Martin Holroyd	132	Settle Harriers	M50	3:26:51	36.87	
Neil Swan	133	Holcombe Harriers	M40	3:27:19	36.50	
Tom Carter	134	Durham Fell Runners	MSEN	3:28:08	35.86	
Owen Carter	135		MSEN	3:28:13	35.79	
Hannah Barber	136	Helm Hill Runners	WSEN	3:30:02	34.36	66.11
John Brannock	137	Porter Valley Plodders	MSEN	3:30:15	34.19	
Mick Procter	138	Clayton-le-Moors Harriers	M50	3:30:20	34.12	
Aritri Mandal	139	Dark Peak Fell Runners	WSEN	3:30:26	34.04	65.85
Katia Tastagh	140	Dark Peak Fell Runners	WSEN	3:30:29	34.00	65.82
Esther Livesey	141	Keswick AC	WSEN	3:30:42	33.83	65.68
Sue Richmond	142	Pennine Fell Runners	W40	3:30:56	33.65	65.53
Michael Malyon	143	Baildon Runners	M40	3:31:30	33.20	
Harry Collins	144	Ambleside AC	MU23	3:32:16	32.60	
Benjamin Pryke	145		MSEN	3:32:24	32.49	
Chris Norman	146		M60	3:32:28	32.44	
Littledave Cumins	147	Mowcop Runners	M50	3:32:39	32.29	
Daniel Mullinder	148		M50	3:33:02	31.99	
Toby Wallis	149	Macclesfield Harriers & AC	MSEN	3:33:10	31.89	
Thomas Gibson	150		MSEN	3:33:13	31.85	
Ben Gibbons	151		MSEN	3:33:16	31.81	
Matthew Clark	152	Esk Valley Fell Club	MU23	3:33:29	31.64	
John Evason	153	Black Combe Runners	M40	3:33:49	31.37	
David Ryder	154	Achille Ratti Climbing Club	M40	3:34:07	31.14	
Amicia Lee	155	Bingley Harriers & AC	WSEN	3:35:15	30.24	62.78
Andrew Gray	156	Thame Runners	M50	3:35:55	29.72	
Colin Moses	157	Wharfedale Harriers	M50	3:36:24	29.34	
James McMurtry	158	Ashbourne Running Club	M50	3:36:40	29.13	
Tom Makin	159	Achille Ratti Climbing Club	MSEN	3:36:44	29.07	
Jim Turner	160	Bowland Fell Runners	M40	3:37:03	28.82	
Tom Newberry	161	Billinge Running Club	MSEN	3:37:57	28.12	
Jonathan Hart	162	Esk Valley Fell Club	MSEN	3:38:47	27.46	
Matthew Bourne	163	Bowland Fell Runners	M50	3:39:05	27.22	
Rob Kitson	164		MSEN	3:39:21	27.01	
Richard Garside	165	Ochil Hill Runners	M40	3:41:18	25.47	
William Ross	166	Black Combe Runners	M50	3:41:31	25.30	
Peter Fishwick	167		MSEN	3:41:35	25.25	
Richard Clark	168	Esk Valley Fell Club	M50	3:42:07	24.83	
Nathan Kiddle	169		MSEN	3:42:32	24.50	
Chris Usher	170	Newburgh Nomads RC	M50	3:42:47	24.30	
Paul Simpson	171	Ambleside AC	M60	3:42:52	24.24	
Steven O'Keeffe	172	Northern Fells Running Club	M50	3:43:29	23.75	
Andrew Wilson	173		MSEN	3:44:19	23.09	
Anthony Emmet	174	Helm Hill Runners	M40	3:44:41	22.80	
Huw Price	175		M60	3:49:20	19.14	
Jordan Horton	176	Pennine Fell Runners	MSEN	3:50:00	18.61	

Thomas Jermy	177	Eden Runners	MSEN	3:50:14	18.43	
Ryan Crellin	178	Cumberland Fell Runners	MSEN	3:50:37	18.13	
Paul Wilson	179	Summit Ultra	M50	3:50:39	18.10	
Angela Wilson	180	Summit Ultra	W50	3:51:09	17.71	52.65
Steven Renny	181	Altrincham & District Athletic Club	M50	3:51:23	17.52	
Jeramia Cibulka	182		M40	3:51:39	17.31	
Richard Fitton	183	Fell Runners of Insieme	MSEN	3:51:44	17.25	
Brian Hainsworth	184	Nidd Valley Road Runners	M40	3:51:48	17.19	
Nick Taylor	185	Billinge Running Club	MSEN	3:51:57	17.07	
Jean Powell	186	Wharfedale Harriers	W50	3:52:25	16.71	51.84
Andrew Lee	187	Rossendale Harriers & AC	M50	3:52:31	16.63	
Greg Norman	188		MSEN	3:53:00	16.25	
Graham Stevens	189	Holcombe Harriers	M50	3:53:20	15.98	
Michael Keavney	190	Swaledale Runners	M50	3:53:44	15.67	
Elliot Taylor	191		MSEN	3:53:52	15.56	
Simon Long	192	Saltwell Harriers	M40	3:54:27	15.10	
Rachel Towe	193	Ambleside AC	W50	3:54:33	15.02	50.48
Tim Hill	194	Tonbridge AC	M40	3:54:46	14.85	
Alison Wainwright	195	Dark Peak Fell Runners	W50	3:55:12	14.51	50.06
Gillian Atkinson	196	Keswick AC	W60	3:55:33	14.24	49.84
Jon Royle	197	Chorley Athletic and Triathlon Club	M50	3:55:47	14.05	
Aaron Hargreaves	198	Slaithwaite Striders RC	M40	3:55:56	13.93	
Hugh Lindsay	199		MSEN	3:55:58	13.91	
Patrick Welsh	200	Wharfedale Harriers	MU23	3:56:00	13.88	
Robert Bailey	201	Scarborough Athletic Club	MSEN	3:56:55	13.16	
Andy Armstrong	202	Clayton-le-Moors Harriers	M50	3:57:32	12.67	
James Burton	203		M40	3:59:02	11.49	
Sam Gibbs	204	Helm Hill Runners	M50	4:00:27	10.37	
Richard Campbell	205	Rossendale Harriers & AC	M50	4:00:34	10.28	
Andrew Treasure	206		M50	4:02:15	8.95	
Charlie Bradshaw	207	Keswick AC	WSEN	4:03:15	8.16	44.93
Lizzie Wastnedge	208	Hunters Bog Trotters	WSEN	4:03:17	8.14	44.91
Robin Hoffmann	209	Glossopdale Harriers	M40	4:04:11	7.43	
Dan Walmsley	210	Highland Hill Runners	M40	4:04:52	6.89	
Gary Chapman	211	Keighley & Craven AC	M50	4:04:57	6.82	
Robert Casebourne	212	Ambleside AC	M40	4:05:02	6.76	
Kevin Brennan	213	St Helens Striders	M50	4:05:05	6.72	
Emily Walmsley	214	Cairngorm Runners	W40	4:05:12	6.62	43.69
Catherine Litherland	215		W40	4:06:49	5.35	42.66
Lucie Kelly	216	Achille Ratti Climbing Club	W40	4:15:08	0.00	37.36
Oliver Birkill	217		M40	4:16:27	0.00	
Tim Taylor	218		M40	4:16:30	0.00	
Randolph Haggerty	219		M50	4:16:33	0.00	
Karl Winrow	220	Chorley Athletic and Triathlon Club	M50	4:16:53	0.00	
Paul Coope	221	Bowland Fell Runners	M60	4:17:32	0.00	
Stephen Grimley	222	Calder Valley Fell Runners	M50	4:19:06	0.00	
Mark Wood	223		M60	4:19:22	0.00	
Lizzy Knowles	224	Fell Runners of Insieme	WSEN	4:23:02	0.00	32.32
Barry Edwards	225		M60	4:23:17	0.00	
Jane Ligema	226	Lakeland Orienteering Club	W50	4:23:51	0.00	31.80
Richard Cartwright	227	Hyde Park Harriers	M40	4:26:05	0.00	
Steve Garton	228	Eynsham Roadrunners	M50	4:26:27	0.00	
Graham Watson	229	Cumberland Fell Runners	M60	4:27:18	0.00	
Don Kershaw	230	FRA	M60	4:27:23	0.00	
Lynne Hume	231	Keswick AC	W40	4:29:10	0.00	28.41
Tania Wilson	232	Buxton AC	W60	4:29:32	0.00	28.18
Steven Soper	233		M50	4:31:00	0.00	
Mark Richards	234	Goyt Valley Striders	M60	4:31:10	0.00	
Daniel Clayton	235		M40	4:34:40	0.00	

Matthew Hetherington	236	Northumberland Fell Runners	M40	4:38:39	0.00	
Peter Dawson	237	Northumberland Fell Runners	M40	4:38:51	0.00	
Toby Duncan	238		MSEN	4:42:04	0.00	
Lauren Garrett	239	Paddock Wood AC	WSEN	4:42:08	0.00	20.14

<u>Name</u>	<u>Pos</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>W points</u>
Nichola Jackson	1	Keswick AC	WSEN	2:36:52	76.29	100.00
Bryony Halcrow	2	Ambleside AC	WSEN	2:44:17	70.44	95.27
Kelli Roberts	3	Helm Hill Runners	WSEN	2:53:30	63.17	89.40
Rowen Pymm	4	Saddleworth Runners Club	WSEN	3:06:03	53.27	81.40
Katie Mckay	5	Ambleside AC	WSEN	3:06:42	52.76	80.98
Lauren Munro-Bennett	6	Ambleside AC	WSEN	3:15:56	45.48	75.10
Bianca Dyer	7	Helm Hill Runners	W50	3:18:45	43.26	73.30
Coral Mowbray	8	Summit Ultra	WSEN	3:20:44	41.69	72.04
Sarah Sigsworth	9	Ambleside AC	WSEN	3:20:54	41.56	71.93
Hannah Barber	10	Helm Hill Runners	WSEN	3:30:02	34.36	66.11
Aritri Mandal	11	Dark Peak Fell Runners	WSEN	3:30:26	34.04	65.85
Katia Tastagh	12	Dark Peak Fell Runners	WSEN	3:30:29	34.00	65.82
Esther Livesey	13	Keswick AC	WSEN	3:30:42	33.83	65.68
Sue Richmond	14	Pennine Fell Runners	W40	3:30:56	33.65	65.53
Amicia Lee	15	Bingley Harriers & AC	WSEN	3:35:15	30.24	62.78
Angela Wilson	16	Summit Ultra	W50	3:51:09	17.71	52.65
Jean Powell	17	Wharfedale Harriers	W50	3:52:25	16.71	51.84
Rachel Towe	18	Ambleside AC	W50	3:54:33	15.02	50.48
Alison Wainwright	19	Dark Peak Fell Runners	W50	3:55:12	14.51	50.06
Gillian Atkinson	20	Keswick AC	W60	3:55:33	14.24	49.84
Charlie Bradshaw	21	Keswick AC	WSEN	4:03:15	8.16	44.93
Lizzie Wastnedge	22	Hunters Bog Trotters	WSEN	4:03:17	8.14	44.91
Emily Walmsley	23	Cairngorm Runners	W40	4:05:12	6.62	43.69
Catherine Litherland	24		W40	4:06:49	5.35	42.66
Lucie Kelly	25	Achille Ratti Climbing Club	W40	4:15:08	0.00	37.36
Lizzy Knowles	26	Fell Runners of Insieme	WSEN	4:23:02	0.00	32.32
Jane Ligema	27	Lakeland Orienteering Club	W50	4:23:51	0.00	31.80
Lynne Hume	28	Keswick AC	W40	4:29:10	0.00	28.41
Tania Wilson	29	Buxton AC	W60	4:29:32	0.00	28.18
Lauren Garrett	30	Paddock Wood AC	WSEN	4:42:08	0.00	20.14

<u>Team (Open)</u>	<u>Pos</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
Ambleside AC	1	87.40	Tom Simpson	Mike Barron	Matt Brindle
Dark Peak Fell Runners	2	87.32	Finlay Grant	Joe Woodley	David Lewis
Helm Hill Runners	3	82.75	Philip Rutter	Kieran Hodgson	Jose Concha
Keswick AC	4	82.41	Matthew Atkinson	Harry Bolton	Nichola Jackson
Mercia Fell Runners	5	80.56	Huw Davies	Oliver Perratt	Joel Gomes
Macclesfield Harriers & AC	6	69.95	Mark Burley	Joseph Pickard	Allen Bunyan
Eden Runners	7	69.82	Bobby Gard-Storry	Jonathan Cox	Stephen Pearce
Settle Harriers	8	68.77	Zach Jennings	Matthew Holroyd	John Murfin
Bowland Fell Runners	9	62.05	Paul Neild	Doug Love	Sam Sharples
Saddleworth Runners Club	10	59.77	Chris Worth	Tim Culshaw	Rowen Pymm
Pennine Fell Runners	11	57.97	Nathaniel Winfield	Muir Morton	Dave Ward
Rossendale Harriers & AC	12	57.77	Patrick Brennan	Maxwell Cole	Craig Stansfield
Lonsdale Fell Runners	13	57.37	Seth Kennard	Phil Mather	Jules Coleman
Clayton-le-Moors Harriers	14	53.08	Andy Laycock	Mark Whittaker	Mick Procter
Achille Ratti Climbing Club	15	49.94	Mark Smith	Robert Green	David Ryder
Glossopdale Harriers	16	44.98	Chris Webb	Alec Burns	Robin Hoffmann
Black Combe Runners	17	44.34	William Silvie	John Evason	William Ross
Cumberland Fell Runners	18	43.39	Phil Archer	John Skelton	Ryan Crellin
Northern Fells Running Club	19	39.91	Charley Oldrid	Steve Rhodes	Steven O'Keeffe
Summit Ultra	20	37.31	Lochlan Dulson	Coral Mowbray	Paul Wilson
Hunters Bog Trotters	21	34.64	Colin Doig	Chris Walsh	Lizzie Wastnedge

Billinge Running Club	22	29.93	Joe Brown	Tom Newberry	Nick Taylor
Wharfedale Harriers	23	28.01	Stuart Mc Aleavy	Colin Moses	Jean Powell
Esk Valley Fell Club	24	27.97	Matthew Clark	Jonathan Hart	Richard Clark
<u>Team (Womens)</u>	<u>Pos</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
Ambleside AC	1	83.78	Bryony Halcrow	Katie Mckay	Lauren Munro-Bennett
Helm Hill Runners	2	76.27	Kelli Roberts	Bianca Dyer	Hannah Barber
Keswick AC	3	71.84	Nichola Jackson	Esther Livesey	Gillian Atkinson
Dark Peak Fell Runners	4	60.58	Aritri Mandal	Katia Tastagh	Alison Wainwright