

Pos	Open	Super Long				Long		TOTAL POINTS
		<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	<u>Langdale</u>	
1	Keswick AC	79.8	87.8	72.4	90.4	94.5		272.6
2	Ambleside AC	93.6	78.7	85.4	81.1	91.8		270.9
3	Helm Hill Runners	88.8	73.5	61.8	84.7	81.0		254.5
4	Dark Peak Fell Runners	81.2	69.6	71.4	87.2	74.7		243.1
5	Cumberland Fell Runners	68.7	83.3	61.6	80.8	74.8		238.8
6	Black Combe Runners	82.2	-	-	69.1	84.0		235.3
7	Pennine Fell Runners	69.6	58.4	66.1	77.2	54.2		212.8
8	Eden Runners	-	-	76.1	74.7	59.5		210.3
9	Calder Valley Fell Runners	67.0	-	-	72.0	44.3		183.3
10	Bowland Fell Runners	-	57.4	50.5	-	56.3		164.2
11	Mercia Fell Runners	-	-	-	77.5	82.5		160.0
12	Borrowdale Fell Runners	75.1	-	71.9	-	-		147.0
13	Horwich R M I Harriers	72.0	-	-	66.2	-		138.2
14	Clayton-le-Moors Harriers	40.3	-	-	42.6	54.5		137.4
15	Macclesfield Harriers & AC	-	73.1	-	62.5	-		135.6

Pos	Female	Super Long				Long		TOTAL POINTS
		<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	<u>3Shires</u>	
1	Ambleside AC	79.07	87.72	-	65.16	83.04		249.83
2	Dark Peak Fell Runners	75.06	85.46	-	85.26	63.51		245.78
3	Helm Hill Runners	-	-	72.13	83.38	64.37		219.88
4	Cumberland Fell Runners	46.54	-	52.62	51.97	-		151.13