		ī					1	
	Open	Super Long				Long		TOTAL
<u>Pos</u>	<u>Club</u>	<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	<u>Langdale</u>	POINTS
1	Ambleside AC	93.6	78.7	85.4	81.1			260.2
2	Keswick AC	79.8	87.8	72.4	90.4			257.9
3	Helm Hill Runners	88.8	73.5	61.8	84.7			247.0
4	Dark Peak Fell Runners	81.2	69.6	71.4	87.2			239.8
5	Cumberland Fell Runners	68.7	83.3	61.6	80.8			232.7
6	Pennine Fell Runners	69.6	58.4	66.1	77.2			212.8
7	Black Combe Runners	82.2	-	-	69.1			151.3
8	Eden Runners	-	-	76.1	74.7			150.8
9	Borrowdale Fell Runners	75.1	-	71.9	-			147.0
10	Calder Valley Fell Runners	67.0	-	-	72.0			139.1
11	Horwich R M I Harriers	72.0	-	-	66.2			138.2
12	Macclesfield Harriers & AC	-	73.1	-	62.5			135.6
13	Bowland Fell Runners	-	57.4	50.5	-			107.9
14	Clayton-le-Moors Harriers	40.3	-	-	42.6			82.9

	Female	Super Long				Long		TOTAL	
<u>Pos</u>	Club	<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	3Shires	<u>POINTS</u>	
1	Dark Peak Fell Runners	75.1	85.5	-	85.3			245.8	
2	Ambleside AC	79.1	87.7	-	65.2			231.9	
3	Helm Hill Runners	-	-	72.1	83.4			155.5	
4	Cumberland Fell Runners	46.5	-	52.6	52.0			151.1	